



Feed **Natural Sunshine** products
and give your birds a treat

Wild Bird Mix

This high quality mix uses only the cleanest seed and can be used in feeders, on tables and on the ground.



Our mix contains lots of small seeds to attract the small song birds.

This comprehensive mix will cater to all wild bird tastes and will attract a huge variety of species to your garden.



Sunflower Hearts

These are the premier wild bird food, de-hulled black sunflower and are high energy and the wild birds really love these. Sunflower hearts attract all small songbirds and are a favourite with Green and Gold Finches.



Another benefit is that these will leave no mess in your garden as everything is consumed.

Peanut Kernels

High in calories and in oils. Wild birds just can't get enough of them.



Remember though these should be fed using a feeder to prevent whole nuts being taken back to the nests where chicks may choke.



Black Sunflower Seeds

This is a great source of high energy food for wild birds. Also very high in oils which aid good plumage especially in young birds. Wild birds will crack open the shell to remove the heart inside.



A very natural food to feed as the birds have to work for their prize.



Mixed Blacks

Again a high energy feed. These are the black sunflowers which didn't leave the shell entirely during de-hulling.



The mixed blacks give the birds some work to do and will attract all the songbirds like the hearts, though for around half the cost.



Remember it is important to feed wild birds all year round



In the past, our wild birds enjoyed considerably more natural food sources than today; modern farming, creeping concrete, buildings and pollution have all contributed to the decrease of the song birds. Now, due to our better understanding, caring and feeding requirements, this decrease has slowed and signs of re-population are on the increase.

15 years ago bread and bacon rinds were hung from wooden bird tables, then peanuts became popular, with their high oil content and the birds enjoyed a wholesome food. Today, seeds are widely used, as we have become more sophisticated in our knowledge of birds nutritional requirements. In fact, where peanuts are akin to a steak pie, heavy but nutritious - sunflowers are more healthy, akin to a chicken salad, therefore allowing the song birds to make better use of the oils helping feathering and providing extra energy.

To prevent the further decline, we need to feed our birds all the year, in fact we loose more birds in a dry summer than a cold winter. Wild bird food is now available from more outlets, in a wider range than ever before. Our job is to ensure the seed selected is of low waste, low mess, of high nutritional value, bagged to give you a choice of pack size.

We need to protect the environment and support our wildlife; feeding the birds everyday lets us enjoy the spectacle of colour, activity and pleasure they bring. Hopefully, we can all play a part in their revival for the future.



Contact: Stuart Jeffery
Telephone: 01284 729216
email: stuart.jeffery@gbseeds.co.uk